



# High Five Meals



## SUMMER MENU 2

WEEK COMMENCING – 20<sup>th</sup> April, 18<sup>th</sup> May, 22<sup>nd</sup> June, 20<sup>th</sup> July

DAY	MAIN MEAL	SIDE DISHES	DESSERT
MONDAY	Sweet & Sour Chicken Sweet & Sour Quorn (G)	Steamed Rice Broccoli & Salad	Sprinkle Sponge & Custard (G,M,E,S)
TUESDAY	Pork Sausage (G) Quorn Sausage (G)	Mashed Potatoes, Yorkshire Pudding (G,M,E) Garden Peas, Carrots & Gravy	Blueberry Muffin (G,M,E,S)
WEDNESDAY	Pepperoni Pasta (G,M) Margherita Pizza (G,M)	Mini Potato Waffles Sweetcorn & Salad	Fruit Salad Yoghurt (M)
THURSDAY	Ham & Bean Enchilada (G,M) Cheese & Bean Enchilada (G,M)	Potato Wedges Salad	Doughnuts (G,M,E,S)
FRIDAY	Chicken Goujons (G) Vegetable Samosas	Oven Chips Spaghetti Rings (G) or Garden Peas	Flapjack (G)
FRESH FRUIT, YOGHURTS AND WATER AVAILABLE DAILY * MENUS SUBJECT TO CHANGE* SPECIAL DIETS CATERED FOR			



CELERY (C) CRUSTACEANS (CR) EGGS (E) FISH (F) GLUTEN (G) LUPIN (L) NUTS (N)  
MOLLUSCS (MO) PEANUTS (P) SESAME (SE) SOYBEANS (S) SULPHITES (SU) MUSTARD (M)

