



# High Five Meals



## SUMMER MENU 4

WEEK COMMENCING – 4<sup>th</sup> May, 8<sup>th</sup> June, 6<sup>th</sup> July

DAY	MAIN MEAL	SIDE DISHES	DESSERT
MONDAY	Chicken Korma (M) Quorn Korma (M)	Steamed Rice, Naan Bread (G,M) Garden Peas & Salad	Sprinkle Sponge & Custard (G,M,E,S)
TUESDAY	Sausage, Bean & Potato Pie (G) Cheese, Bean & Potato Pie (M)	Broccoli Green Beans	Homemade Muffin (G,M,E,S)
WEDNESDAY	Tuna & Pasta Bake (F,M) Margherita Pizza (G,M)	Potato Smileys Sweetcorn & Salad	Arctic Roll (G,M,E,S) Fruit Salad
THURSDAY	Beef Meatballs (G) Quorn Balls (G)	Pasta Broccoli, Garden Peas	Butterscotch Tart (G,M)
FRIDAY	Chicken Burger (G) Quorn Burger (G)	Oven Chips Baked Beans or Garden Peas	Chocolate Flapjack (G,M)

FRESH FRUIT, YOGHURTS AND WATER AVAILABLE DAILY \* MENUS SUBJECT TO CHANGE\* SPECIAL DIETS CATERED FOR



CELERY (C) CRUSTACEANS (CR) EGGS (E) FISH (F) GLUTEN (G) LUPIN (L) NUTS (N)  
MOLLUSCS (MO) PEANUTS (P) SESAME (SE) SOYBEANS (S) SULPHITES (SU) MUSTARD (M)

