



# High Five Meals



## SUMMER MENU 1

WEEK COMMENCING – 13<sup>th</sup> April, 11<sup>th</sup> May, 15<sup>th</sup> June, 13<sup>th</sup> July

DAY	MAIN MEAL	SIDE DISHES	DESSERT
MONDAY	Beef Chilli Quorn Chilli (G)	Steamed Rice Broccoli & Salad	Vanilla Sponge & Custard (G,M,E,S)
TUESDAY	Chicken Fillet Quorn Fillet (G)	Roast Potatoes, Yorkshire Pudding (G,M,E) Garden Peas, Carrots & Gravy	Chocolate Chip Muffin (G,M,E,S)
WEDNESDAY	Bacon, Pork Sausage (G) Quorn Sausage (G)	Hash Browns, Scrambled Egg (E) Baked Beans or Tomatoes	Jelly & Ice Cream (M)
THURSDAY	Jacket Potato	Hot & Cold Fillings	Eves Apple Pudding & Custard (G,M,E,S)
FRIDAY	Fish Fingers (G,F) Fishless Fingers (G)	Oven Chips Baked Beans or Garden Peas	Oatie Cookie (G)

FRESH FRUIT, YOGHURTS AND WATER AVAILABLE DAILY \* MENUS SUBJECT TO CHANGE\* SPECIAL DIETS CATERED FOR



CELERY (C) CRUSTACEANS (CR) EGGS (E) FISH (F) GLUTEN (G) LUPIN (L) NUTS (N)  
MOLLUSCS (MO) PEANUTS (P) SESAME (SE) SOYBEANS (S) SULPHITES (SU) MUSTARD (M)

