



# High Five Meals



## SPRING MENU 2

WEEK COMMENCING – 12<sup>th</sup> January, 9<sup>th</sup> February, 16<sup>th</sup> March

DAY	MAIN MEAL	SIDE DISHES	DESSERT
MONDAY	Pork Sausage Roll (G,M,S,SU) *Vegan Roll (G)	Mini Potato waffles Baked Beans or Garden Peas	Lemon Sponge & Custard (G,M,E,S)
TUESDAY	Chicken & Vegetable Pie (G) * Quorn & Vegetable Pie (G)	Mashed Potatoes, Peas, Carrots & Gravy	Ice Cream Tub (M)
WEDNESDAY	Beef Meatballs in Tomato Sauce (G) *Quorn Balls (G)	Fresh Pasta (G) Mixed Vegetables or Salad	Fruit Salad
THURSDAY	Jacket Potato	Hot and Cold Fillings Mixed Salad	Chocolate Cornflake Tart & Custard (G,M)
FRIDAY	Fish Fingers (G,F) *Fishless Fingers (G)	Oven Chips Spaghetti Hoops (G) or Sweetcorn	Oatie Cookie (G)
FRESH FRUIT, YOGHURTS AND WATER AVAILABLE DAILY * MENUS SUBJECT TO CHANGE* SPECIAL DIETS CATERED FOR			



CELERY (C) CRUSTACEANS (CR) EGGS (E) FISH (F) GLUTEN (G) LUPIN (L) NUTS (N)  
MOLLUSCS (MO) PEANUTS (P) SESAME (SE) SOYBEANS (S) SULPHITES (SU) MUSTARD (M)

