



HIGH FIVE MEALS

AUTUMN WEEK 2

WEEK COMMENCING - 08/09 – 06/10 – 17/11 – 15/12



DAY	MAIN MEAL	SIDE DISHES	PUDDING
MONDAY	Beef Chilli *Quorn Chilli(G)	Rice Broccoli & Side Salad	Arctic Roll (G,M,E,S)
TUESDAY	Pork & Potato Pie(G) *Quorn Mince Potato Pie(G)	Mashed Potatoes Carrots, Cauliflower & Gravy	Homemade Muffin (G,M,E,S)
WEDNESDAY	Pepperoni Pasta(G,M) *Margarita Pizza(G,M)	Potato Smileys & Mixed Vegetables	Fruit Salad
THURSDAY	Chicken Fajita Wrap(G) *Quorn Fajita Wrap(G)	Roasted Peppers, Onions & Side Salad Potato Wedges	Cornflake Tart & Custard (G,M)
FRIDAY	Pork Hot Dogs(G) *Quorn Hot Dogs(G)	Oven Chips Sweetcorn Or Mushy Peas	Shortbread Biscuit (G)

FRESH FRUIT, YOGHURTS & WATER AVAILABLE DAILY * MENUS SUBJECT TO CHANGE * SPECIAL DIETS CATERED FOR



CELERY (C) CRUSTACEANS(CR) EGGS(E) FISH (F) GLUTEN (G) LUPIN (L) MILK (M) NUTS(N)
MOLLUSCS(MO) PEANUTS (P) SESAME (SE) SOYBEANS(S) SULPHITES(SU) MUSTARD (MU)

