



High Five Meals



AUTUMN 2

WEEK COMMENCING – 8th September, 6th October, 17th November, 15th December

DAY	MAIN MEAL	SIDE DISHES	DESSERT
MONDAY	Beef Chilli *Quorn Chilli (G)	Rice Broccoli & Side Salad	Arctic Roll (G,M,E,S)
TUESDAY	Pork & Potato Pie (G) *Quorn Mince Potato Pie (G)	Mashed Potatoes Carrots, Cauliflower & Gravy	Homemade Muffin (G,M,E,S)
WEDNESDAY	Pepperoni Pasta (G,M) *Margarita Pizza (G,M)	Potato Smileys Mixed Vegetables	Fruit Salad
THURSDAY	Chicken Fajita Wrap (G) *Quorn Fajita Wrap (G)	Potato Wedges Roasted Peppers, Onions & Side Salad	Cornflake Tart & Custard (G,M)
FRIDAY	Pork Hot Dogs (G) *Quorn Hot Dogs (G)	Oven Chips Sweetcorn or Mushy Peas	Shortbread Biscuit (G)

FRESH FRUIT, YOGHURTS AND WATER AVAILABLE DAILY * MENUS SUBJECT TO CHANGE* SPECIAL DIETS CATERED FOR



CELERY (C) CRUSTACEANS (CR) EGGS (E) FISH (F) GLUTEN (G) LUPIN (L) NUTS (N)
MOLLUSCS (MO) PEANUTS (P) SESAME (SE) SOYBEANS (S) SULPHITES (SU) MUSTARD (M)

